



Assessment Information Semester 1 2018

Year 8 Judo

Class **Teacher**
Judo81_1 Emma Fisher

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Course outline: This unit is designed to introduce students to the international sport of Judo. They will develop an appreciation for the rules and safety requirements whilst learning to understand warm ups, flexibility and other conditioning exercises in regard to Judo. By the end of the course students will display sound break falling, including forward and backward rolling techniques, several designated throwing and grappling techniques and lastly become familiar with simple Japanese terminology used in Judo.

Assessment Information including differentiation: Students will be required to participate in all classroom activities including both a physical and written component. Physical component consist of warm up exercises, break falls (Ukemi), throwing techniques (Tachi Waza) and ground work (Ne Waza). The written and oral component will contain a Judo power point presentation and terminology test respectively. All levels are catered for, from beginner levels through to advanced levels. Some classes may include ESL and special needs students to which exercises and language are simplified to provide understanding.

Assessment Schedule:	
Week	Assessment Item
Term 1 Week 4	Terminology Test (Oral)
Term 1 & 2 Week 5	Judo Power Point presentation
Term 1 & 2 Ongoing	Break falls (Ukemi)
Term 1 & 2 Ongoing	Throws (Tachi Waza)
Term 1 & 2 Ongoing	Ground Work (Ne Waza)

Homework Expectations:

- Complete assessment research or activities when appropriate.
- Study for Terminology Test.

Student Signature _____ Parent Signature _____